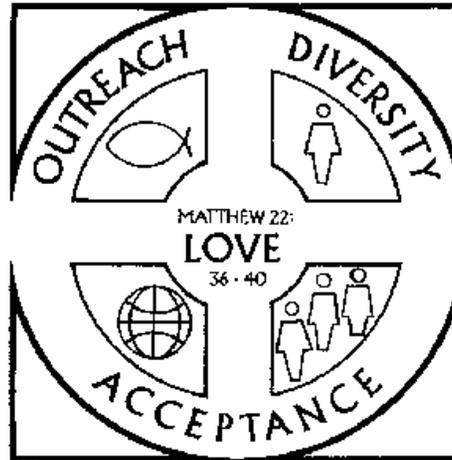


New Ark United Church of Christ is an “Open and Affirming” congregation, welcoming and celebrating persons of every sexual orientation. We are also a “JustPeace” church, working for social justice in our local, national and global communities.

The New Ark is located at  
300 East Main Street:

- When you get onto Main Street, where Route 273 becomes one-way, get into the right lane.
- You will go through one red-light.
- New Ark United Church of Christ will be about ¼ - ½ mile down on the right side. The sign is blue with white lettering. We are located just past the Newark Emergency Room and Kelway Plaza.
- If you get to a second redlight by the East End Café, you went too far. Make a left and go around the block to get back.



**Questions?  
Call or e-mail!**

**Angela Seguin,  
Our Whole Lives Coordinator for  
New Ark United Church of Christ**

**(302) 366-8410  
luvjava@comcast.net**

## Our Whole Lives

### Comprehensive Healthy Sexuality Curriculum



**New Ark United  
Church of Christ  
300 East Main Street,  
Newark, DE 19711**

**(302) 737-4711  
<http://www.newarkucc.org/>**

**Worship: Sundays, 9:30am  
Coffee & Fellowship after the service**

**Adult & Youth Christian Education:  
Sundays, 11:00am**

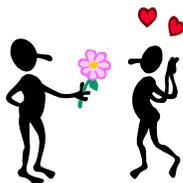
# Our Whole Lives

*Our Whole Lives* is a comprehensive, kindergarten through adult sexuality education curriculum. At the New Ark UCC, we have teachers trained to teach the K-1st, 4th-6th, 7-9th & 10-12th grade classes.

The curriculum provides youth with age-appropriate, accurate information on sexual health, human development, sexual behavior, relationships, and communication skills in the supportive setting of their faith community. In our church, United Church of Christ (UCC) values are infused into what we teach in the classroom.

In order to be certified to teach *Our Whole Lives*, instructors must complete the training course. The instructors are committed to a values-based, comprehensive sexuality education and affirm the *Our Whole Lives* program goals, values, and philosophy. Our instructors have an appreciation for working with people of diverse races, cultures, ages, abilities, and sexual and gender orientations. For more information about *Our Whole Lives*, you can go to: <http://www.ucc.org/justice/owl/>

The curriculum was developed in a collaborative effort between a team of professionals from the Unitarian Universalist Church and the United Church of Christ. The writers have education and professional expertise in the areas of youth and adult education and human sexuality. The curriculum is an expression of the belief that educating institutions — religious communities, community organizations, and schools — can form meaningful partnerships with parents to provide positive and responsible sexuality education.



## Classes at New Ark:

### 7-9th Grade

The 7-9th Grade curriculum is the first one that was developed by the creators and is the most comprehensive. It has been said that if your child could only attend one of the classes, the 7-9th grade class is the one to take. The instructors are: Linda Brasel, Nancy Nutt, Jenny Greenzweig, Erik Dressler and Chris Seguin. Ideally class size is minimum of 6 and max of 12 students, with a balance of both boys and girls.

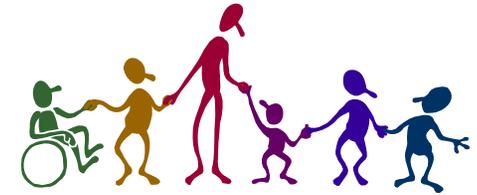
This class meets during our regular Christian Education time, 11am-12:30pm every Sunday throughout the normal academic year (with exceptions of a few special holidays and church celebrations). As needed, we offer an optional Parent Meeting to familiarize parents with the curriculum so they may ask questions and understand what will be taught and why. There is a mandatory Parent Orientation, and parents are also expected to attend the first session with their son or daughter.



### 4th—6th Grade

The 4-6th Grade curriculum is an 8-week program. The class focuses on the physical and emotional changes that adolescents will experience during puberty, what is happening in their bodies and why, family relationships and all the different kinds of families there are, gender identity and sexual orientation, sex and reproduction, health and safety issues (sexual assault and sexually transmitted diseases), communication skills and decision making. Instructors for this class are Linda Brasel and Angela Seguin.

The 4th-6th grade class holds a mandatory Parent Meeting and requires parent involvement at the first class. Classes are held on Sundays, 11am-Noon, in Jan-Feb or Feb-March. Dates will be finalized based on student availability.



The OWL curriculum helps participants integrate the values of the program with their own system of values within an open, affirming, and anti-bias environment and within a community of trust, confidentiality, authenticity, and faith. The instructors, and writers of the curriculum, believe that our sexuality is a God-given gift to be understood, celebrated, and protected.

## **Our Whole Lives Values:**

**RESPECT** — Each and every person is entitled to dignity, self-worth and respect for his/her attitudes and beliefs about sexuality.

**RELATIONSHIPS** — People of all ages, genders, races, backgrounds, income levels, physical and mental abilities, and sexual orientations must have equal value and rights. Sexual relationships should never be coercive or exploitative.

**RESPONSIBILITY** — Every person has the right to accurate information about sexuality and to have her/his questions answered. Knowledge about human sexuality is helpful, not harmful. All persons have the right an obligation to make responsible sexual choices. We need to express our sexuality in ways that enhance wholeness and fulfillment and that express love, commitment, and joy.